



BLOOD LINES

The Official Newsletter of the Hemophilia Association of San Diego County • 3550 Camino Del Rio North, Suite 105 • San Diego, CA 92108

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HOLIDAY CELEBRATION 2014

Making Memories with the HASDC Family

By Lisa Heffeman, CMP, HASDC Program Coordinator

The Holiday Celebration was held on December 14 at the Handlery Hotel San Diego in Mission Valley. Families, friends and industry partners enjoyed this afternoon event featuring beautiful holiday décor, themed children’s crafts and a very special guest.

The room was adorned with a ten foot high Christmas tree, mini elves at the registration desk and mini trees on the dining tables. Children decorated sugar cookies with sprinkles and icing,

made reindeer ornaments with crinkle paper and googely eyes, and designed special holiday cards. Guests enjoyed a delicious lunch, topped off with slices of chocolate yule log. The main event was a surprise visit from the North Pole. Mr. and Mrs. Claus joined the group, brought each child up to the stage and presented them with a wrapped gift. “Loved it!”, shared Daniel, an eight year old boy with hemophilia.

THIS ANNUAL EVENT IS MADE POSSIBLE BY OUR MANY FINANCIAL SUPPORTERS AND VOLUNTEERS. THANK TO THE FOLLOWING COMMUNITY MEMBERS AND BUSINESS FOR YOUR CONTRIBUTIONS:

- Accredo
- Karen Arrieta
- Bayer
- Baxter Healthcare
- Biogen Idec
- BioRX
- Bioscrip
- CSL Behring
- Emergent
- Factor Support Network
- Grifols
- Lauren Huber
- Novo Nordisk
- Platinum Fitness
- Quality Home Infusions
- Ken and Karen Rutherford
- Soleo
- Brian Taylor
- TnD Comerston

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DO THE 5:

- 1 Get an annual comprehensive checkup at a hemophilia treatment center.
- 2 Get vaccinated – Hepatitis A and B are preventable.
- 3 Treat bleeds early and adequately.
- 4 Exercise to protect your joints.
- 5 Get tested regularly for blood-borne infections.

NHF NATIONAL PREVENTION PROGRAM

Key steps today for giant strides tomorrow.

Collaborating with the CDC, chapters, associations, HTCs, and the community to prevent or reduce the complications of bleeding disorders.

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Hemophilia Association of San Diego County Board of Directors Roster

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JOIN OUR VOLUNTEER TEAM!

We invite you to join the HASDC team as a volunteer. Many volunteer opportunities are available to contribute back to the community in a very special way.



To learn more information
or volunteer please contact
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DIRECTOR'S CORNER

By Nooshin Kosar, HASDC Executive Director



Time flies when you are having fun! 2014 has proven to be a fun and exciting year for us. We have experienced a few firsts this year. From the kickoff of our first Teen Leadership Camp which was held in Catalina to a fresh start in Big Bear for Camp Pascucci. We have enjoyed the adventures and challenges that 2014 has brought and look forward to new experiences in 2015.

This year would not have been as successful as it was without our generous donors and volunteers. Therefore on behalf of the board and staff of HASDC, we would like to thank everyone who has donated, sponsored, or volunteered throughout the year. As a result of your generosity and helping hands, we were able to implement successful events, educational programming, our annual summer camp, fundraisers and help those in need through our emergency assistance program. Our thank yous would not be complete without thanking our newest staff member, Lisa Heffeman. Lisa began as Program Coordinator in March and has proven to be hardworking, personable and an overall great addition to the HASDC family.

We look forward to working with everyone again in the coming year. Wishing you a Happy Holidays and a Happy New Year! We will see you at our Family Education Day on March 21st at the San Diego Zoo Safari Park!

ESQUINA DE LA DIRECTORA

¡El tiempo vuela cuando nos estamos divirtiendo! El 2014 a resultado ser un año divertido y excitante para nosotros. Hemos tenido algunas experiencias por primera vez éste año. Empezando con el primer campamento de liderazgo para nuestros jóvenes; el cual se llevó a cabo en la Isla de Catalina, luego seguimos con un nuevo comienzo para El Campamento Pascucci en Big Bear. Hemos gozado de las aventuras y retos que el 2014 nos trajo y miramos hacia el futuro con entusiasmo a las nuevas experiencias del 2015.

Este año no hubiese sido tan exitoso como lo fué sin la ayuda de nuestros generosos donantes y voluntarios. Así que en nombre de La Mesa Directiva y el personal de HASDC nos gustaría darle las gracias a todos aquellos que donaron, patrocinaron ó ayudaron como voluntarios a través del año. Como resultado de su generosidad y ayuda se nos hizo posible llevar a cabo, con éxito, eventos, programas educativos, nuestro campamento anual de verano, recaudación de fondos y ayudar a aquellos que lo necesitan a través de nuestro programa de ayuda de emergencia. Nuestras gracias no estarían completas sin antes darle las gracias a nuestra nueva miembro del personal, Lisa Heffeman. Lisa empezó como Coordinadora de Programas en marzo y a demostrado ser una gran trabajadora, agradable y en general una gran adición a la familia de HASDC.



Esperamos, con entusiasmo, trabajar con todos de nuevo an el año venidero. ¡Les deseamos felicidades en los días festivos y en el año nuevo! ¡Los veremos en El día de información para la familia el 21 de marzo en el San Diego Zoo Safari Park!

HASDC BOARD MEMBER SPOTLIGHT

SEAN PENTZ, PRESIDENT

Sean Pentz is the President of the HASDC Board of Directors. He was diagnosed with hemophilia A at the age of two days, and joined the Board in 2011 to help educate the community and advocate for individuals with bleeding disorders.

Sean is involved in helping children in many ways. He spends his days in the classroom at Greenfield Middle School in El Cajon as an Art Teacher. Sean is also the Assistant Track and Field Coach of Poway's Del Norte High School track team, leading the Nighthawks to the CIF San Diego Sectional Championships the

past two years.

Sean is a graduate of the University of California, San Diego, where he met his lovely wife Christy, and earned his teaching credential from Cal State University, San Marcos. In his free time, Sean also enjoys weightlifting and video games, and spending time with his little dog Riley.



DESTACAMOS A MIEMBRO DE LA MESA DIRECTIVA DE HASDC SEAN PENTZ, PRESIDENTE

Sean Pentz es el president de La Mesa Directiva de HASDC. Fué diagnóstico con hemofilia A cuando tenía solo dos días de nacido. Se hizo miembro de La Mesa Directiva en el 2011 para ayudar a educar la comunidad y abogar por personas con desórdenes sanguíneos.

Sean está envuelto en ayudar a los niños de muchas maneras. Pasa sus días en el salón de clases de la Escuela Secundaria de Greenfield en El Cajón como maestro de Artes. Sean también es entrenador asistente de pista y campo (track and field) del equipo

de la Escuela Preparatoria Del Norte en Poway. En los dos últimos años a ayudado a los Nighthawks a ganar el Campeonato del CIF de la sección de San Diego.

Sean se graduó de La Universidad de California, San Diego donde conoció a su adorable esposa Christy. Recibió sus credenciales de magisterio de La Universidad Estatal de California, San Marcos. Durante su tiempo libre Sean disfruta alzando pesas y juegos de video. También le encanta pasar tiempo con su perrito Riley.

PUTTING ONE FOOT IN FRONT OF THE OTHER

By Lisa Heffernan, HASDC Program Coordinator

Thank you for your support of the 2014 San Diego Hemophilia Walk, held on October 4 at Liberty Station. We are pleased to report the Walk was a success – we raised over \$20,000 AND raised awareness of bleeding disorders within our local community. More than 100 walkers and 20 industry partners participated. Billy the Blood Drop greeted guests, walkers enjoyed fruit smoothies and chicken sandwiches, and we all got some exercise during the 3.1 mile walk along the San Diego waterfront.

Nationwide, over 10,000 people participated in the 2014 Walk events and over \$1.8 million dollars was raised. Working together, we will continue to support the National Hemophilia Foundation mission to find better treatments and cures for bleeding and clotting disorders and to prevent the complications of these disorders through education, awareness, advocacy and research.

Your valuable support enables HASDC to continue to provide the educational and informational programs and services needed by individuals and families living with bleeding disorders in the

greater San Diego area. We are grateful for your participation in the 2014 San Diego Hemophilia Walk and we look forward to next year's event.

Thank you to our wonderful HASDC volunteers and our walk sponsors: Accredo, Baxter Healthcare, Bayer, Biogen Idec, BioRX, Bioscrip, Brother's Healthcare, Chi-Fil-A; CLS Behring; CVS Caremark; Emergent; Factor Support Network; Grifols; Intuit; Kedrion; Non Nordisk; Octapharma; Panera Bread; Pfizer; Quality Home Infusions; Soleo Health; Starbucks ;Trader Joe's; Walgreens.



CAMINATA POR HEMOFILIA EN SAN DIEGO PONIENDO UN PIÉS EN FRENTE DEL OTRO

Gracias por su apoyo a la caminata por hemofilia de San Diego del 2014, la cual se llevó a cabo el 4 de octubre en Liberty Station. Nos complace informarles que la caminata fué un éxito – recaudamos más de \$20,000 Y aumentamos el conocimiento sobre desórdenes sanguíneos dentro de nuestra comunidad local. Más de 100 personas y 20 Industrias Socias participarán. Billy the Blood Drop saludó a los invitados, las personas que caminarán gozarán de batidos de frutas y emparedados de pollo, y todos nosotros hicimos un poco de ejercicio durante la caminata de 3.1 millas a lo largo del borde del agua en San Diego.

Al nivel nacional, más de 10,000 personas participarán en la caminata del 2014 y más de \$1.8 millones de dólares fueron recaudados. Trabajando juntos continuaremos apoyando la misión de la Fundación Nacional de Hemofilia de encontrar mejores tratamientos y curas para desórdenes de sangrados y coágulos

y prevenir las complicaciones de éstos desórdenes a través de la educación , conocimiento, abogacía é investigación.

Su valioso apoyo le permite a HASDC proveer los programas educativos é informativos y los servicios requeridos por individuos y familias que viven con desórdenes sanguíneos en la gran área de San Diego. Estamos muy agradecidos de su participación en la caminata por hemofilia de San Diego en el 2014 y esperamos con entusiasmo las actividades del próximo año.

Gracias a todos nuestros estupendos voluntarios de HASDC y a nuestros patrocinadores de la caminata: Accredo, Baxter Healthcare, Bayer, Biogen Idec, BioRX, Bioscrip, Brother's Healthcare, Chi-Fil-A; CLS Behring; CVS Caremark; Emergent; Factor Support Network; Grifols; Intuit; Kedrion; Non Nordisk; Octapharma; Panera Bread; Pfizer; Quality Home Infusions; Soleo Health; Starbucks; Trader Joe's; Walgreens.

GETTING IN THE GAME

LOCAL TEEN PLAYS WITH THE MAJORS

By Jarett Duncan, Patient

Hi, my name is Jarett Duncan. I am fourteen years old and a freshman at Grossmont High School. I have 22Q11 Deletion Syndrome and I have been playing baseball for most of my life. I was lucky enough to be chosen to represent our San Diego Hemophilia Association chapter at CSL Behring's "Getting in the Game" activities in Phoenix, Arizona. There were many fun things to do, and we got to play baseball with others kids from across the country. We were in groups, and we learned baseball skills from real major league baseball players. They were really nice and always saying "Great Job". The last night, we had a big dinner all together and awards were given out. Although I didn't win for my division, it was very fun and I received a cool medal. Thank you for letting me be a part of this wonderful opportunity.



2014 DONORS, SPONSORS, VOLUNTEERS AND SUPPORTERS

Thank you to the following individuals and organizations for your support during the past year! Because of you HASDC is able to provide the programs, services and support needed by our families in the greater San Diego area.

- Accredo
- Advanced Specialty Healthcare
- Avison Young
- Baxter
- Bayer
- John Bengston
- Biogen Idec
- BioRX
- Bioscrip
- Erin Biswell
- Crisenda Blattler
- Boss-Works, LLC
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- Debbie Campbell
- Combined Health Agencies Drive
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- Stephanie Chen
- Chevys Restaurant
- Kayla Chou
- Linda Clement
- Combined Federal Campaign
- Combined Health Agencies Drive
- Community Campership Council
- Coram Hemophilia Services
- Corine McGowan Duff
- Brenda & Cippy Correa
- Cami Correa
- Sara Correa
- CSL Behring
- Cushman Foundation
- CVS Caremark
- CVS Caremark-Redlands Pharmacy
- Rene Dawe
- Madison Decker
- Matt Decker
- Shyanne Decker
- Moniqa Diaz
- Nam Doanvo
- Tran Doanvo
- Donald Douglas
- Mary Douglas
- Bonnie Eklund
- Emergent
- Alex Estrada
- Amal Estrada
- Dena Estrada
- Hugo Estrada
- Factor Support Network Pharmacy
- Diego Fairbanks
- Kappi Farrow
- Amber Flick
- Douglas Flick
- Shelley Flores
- Lauren Franklin
- Tracy Freeman
- Gensler
- Gibson Family
- Dixon Golf
- Grifols
- Elizabeth Hall
- Hemophilia Council of California
- Sharon Holding
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- Octapharma
- Sean Pentz
- Leonardo Pemudi
- Pfizer
- Nancy Pittaluga
- Platinum Fitness
- Vernon Polk
- Shawn Power
- Premier Hemophilia Care
- Premier Pharmacy Services
- Quality Home Infusions
- Haven Qualman
- Sonia Quinn
- Mary Quiones
- Rady Children's Hospital Homecare
- Belinda Ramirez
- Gia Ramirez
- Oscar Ramos
- Ricardo Ramos
- Redchip
- Linda Reyes
- Gabriel Rios
- River Edge Pharmacy
- Jovana Rodriguez
- Adriana Roman
- Ken and Karen Rutherford
- Dawn Schultz
- Sempra Energy Foundation
- Nikki Sidhu
- Amazon Smile
- Barbara Smith
- David & Margaret Smith
- Soleo Health
- Tara Stiff
- Stockman's Club
- Sally Taylor
- Jamie Thomas
- Melynda Thomas
- TnD Cornerstone
- Christine Tobey
- UCSD Hemophilia Treatment Center
- UCSD Total Hemophilia Care
- United Way
- Liliana Uribe
- David Vogel
- Annette von Drygalski
- Walgreens
- Debbie Walker
- Alexandra Ward
- Wells Fargo Community Support Campaign
- Laura Wilcox

2014 TOY DRIVE

Thank you to our generous donors! What a success – we collected over 100 toys and gift cards for the children in our bleeding disorders community. Every child who attended the Holiday Celebration received a wrapped gift from Santa.



Platinum Fitness Toy Drive Benefitting HASDC

UCSD HTC CLIMBING ROCKS!

By Zhiqiao Dong, BS, Data Manager, UCSD Hemophilia & Thrombosis Treatment Center

Harness. Grip. Lift. Balance. Climb. Every week at the Solid Rock Gym in Old Town, the UCSD Hemophilia & Thrombosis Treatment Center (HTC) hosts a rock climbing session for patients with hemophilia. The new therapeutic rock climbing program, now in its third month, offers a fun interactive activity aimed at providing joint therapy for patients with hemophilia.

Partnering with the Hemophilia Association of San Diego County and the University of Munich, the UCSD HTC's rock climbing program strives to increase range of motion, decrease frequency of bleeds, improve communication skills, foster team building and increase overall quality of life for patients.

Gabriel, a frequent participant, knew from previous experience that rock climbing was not an easy activity but has since learned all the benefits the activity has for joint health. "It's a lot of fun, and it's something I look forward to every week" he says.

Generally, the only options for physical activities recommended for hemophilia patients are swimming and golfing. These restrictions often make it difficult for patients looking for alternative options for physical exercise.

"[The program] is amazing," says Albert, another climbing participant, "I didn't know rock climbing was so fun!"

Both Albert and Gabriel hope future hemophilia programs will feature more interactive activities like rock climbing and other activities that kids can also get involved in.

The challenge of the rock wall is only the beginning. Through climbing, participants build strength, flexibility and endurance. In addition, in order to successfully finish a climb, climbers need to exercise trust in both the mind and the body with each step.

"Just keep climbing to the top," says Gabriel.

For more information on joining the program contact HASDC.



The History



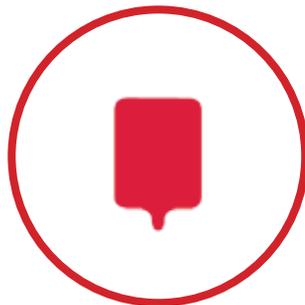
1800's

The Royal Disease

Hemophilia featured prominently in European royalty. Queen Victoria passed the mutation through some of her daughters to the royal families of Spain, Germany, and Russia.

The Russian royal family turned to Rasputin for a cure when Alexei, the heir apparent to the Russian Empire, suffered from Hemophilia.

Rasputin's magic seemed to cure the boy's health, but, it was probably because he ordered the boy to stop taking aspirin, an anticoagulant.



1950's

The First Treatment

The first medical treatment for hemophilia was found in the form of fresh frozen plasma.

After a bleeding episode, patients received plasma infusions which contained only minute traces of coagulation factors. Patients, therefore, required lengthy infusions that placed extreme stress on the cardiovascular system resulting, sometimes, in heart attacks.



1965

Cryoprecipitate Discovery

Judith Pool's landmark discovery provides a simple way to make cryoprecipitates that have higher concentration of clotting factors. This reduced the volume of a typical infusion thereby preventing cardiovascular complications and allowing outpatient treatment for the first time.



1970's

Home Therapy

Coagulants could now be separated from pooled plasma leading to the availability of accurate dosages of coagulant factors that can be easily stored and carried.

Prophylactic home therapy became possible allowing patients to experience a newfound independence that changed their lives.

TOP DOC AT THE UCSD HTC

By Zhiqiao Dong, BS, Data Manager, UCSD Hemophilia & Thrombosis Treatment Center

Dr. Annette von Drygalski, Director of the UCSD Hemophilia and Thrombosis Treatment Center, was honored as one of San Diego's 2014 "Top Docs" by San Diego Magazine and the San Diego County Medical Society.

The distinction is made every year following a selective survey and voting process by San Diego board-certified physicians to nominate expert physicians who excel in their field. A celebratory evening gala was held at the Birch Aquarium on November 1st in recognition of everyone named "Physicians of Exceptional Excellence" this year. The event overlooked the setting sun and guests were treated to a cool ocean breeze. Dr. von Drygalski and the team celebrated their achievements next to the aquarium's exhibits of the underwater world.



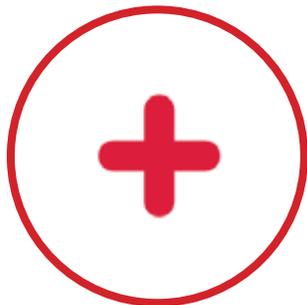
The UCSD Hemophilia and Thrombosis Treatment Center (UCSD HTC) is one of few centers in the United States

offering specialized care for patients living with bleeding disorders such as hemophilia and von Willebrand disease. The UCSD HTC provides individualized services for a comprehensive patient experience including, but not limited to: emergency care, routine diagnosis and management, social work services, physical therapy, and rapid bleed detection through ultrasound technology. In the future, the center is looking to expand services to young adults with bleeding disorders to facilitate the transition of care from adolescence to adulthood.

The physicians and staff at the UCSD HTC are dedicated to provide new approaches to improve overall patient health outcomes. The center provides opportunities for patients to participate in cutting-edge clinical research studies to advance new therapies and create innovative knowledge on the developing needs of the aging hemophilia population. In addition, the UCSD HTC is launching new interactive programs geared at improving patient health, including the new Rock Climbing Program. The center's new climbing program is focused on therapeutic measures to improve joint health.

Other UCSD HTC News: Offices are moving locations in early 2015. New offices located at 8929 University Center Lane Suite 201, San Diego, CA 92122

of Hemophilia



1973

Hemophilia Care Act

The Hemophilia Care Act of 1973 established federally funded hemophilia treatment centers that provide access to multiple specialists such as orthopedists, surgeons and physical therapists.

Hemophiliacs can receive comprehensive care under a single roof, making these treatment centers an integral part of their lives.



1980's

Bad Blood Scare

Factor concentrates, obtained by pooling plasma from several donors, infected hemophilia patients with blood-borne diseases like HIV and Hepatitis.

Many hemophilia patients succumbed to these diseases and safety concerns loomed large.



1992

Recombinant Therapy

Recombinant DNA technology eliminates the use of human plasma improving product safety and dosing convenience.

Preventative (Prophylactic) treatment becomes safe again and quality of life improves for hemophiliacs.



2000's

Marching Towards A Cure

In the last decade, advances in hemophilia treatment have focused on improving recombinant factor therapies as well as exploring gene therapy.

Recombinant therapy aims to achieve a reduction in dosing frequency and elimination of inhibitor antibodies.

Gene therapy promises a cure by genetically altering the body to naturally produce the missing coagulation factors.





HEMOPHILIA COUNCIL OF CALIFORNIA
NON-PROFIT ORGANIZATION

LOOKING FOR FUTURE LEADERS!

ARE YOU AGES 14 – 22 WITH A BLEEDING DISORDER?

The Hemophilia Council of California (HCC) is a state-wide organization serving people with bleeding disorders. This program teaches young men and women with bleeding disorders how California government works, insurance and state programs that support their care, education and career, and how to inform others about their disease.

- Meet with legislators at the California State Capitol
- Learn self-reliance and leadership skills
- Free of charge for the youth participants
- We encourage young women to participate!



Our next
Future Leaders Program
will be held
May 11-13, 2015
at the Hyatt in
Sacramento, CA



Hemophilia Council of California
4629 Whitney Ave., Suite 1
Sacramento, CA 95821

More info: www.hemophiliaca.org

For questions, contact Heidi Scanlan at the Hemophilia Council of California

Phone: (916) 498-3780 • Fax: (916) 498-3782 • Hccassist@aol.com

heidi slocum

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Hemophilia Association
 of San Diego County

 Family Education Day
 Saturday, March 21, 2015 • San Diego Zoo Safari Park
 SAVE THE DATE!
 Look for information and invitations in January.

Donations

Your generous support helps us deliver life-enhancing services to the bleeding disorders community.

Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Phone: _____ e-mail: _____

GENERAL DONATION: General Donation: \$ _____

This donation is in honor/memory (circle one) of _____

Please send an acknowledgment to:

Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Total Enclosed by Check: \$ _____

Mastercard/Visa (circle one) Number _____ Exp: _____

Name on Card _____ Total Amount to be charged: \$ _____

Signature _____

Mailing List: Please ADD my name to the Association's Mailing List. Please REMOVE my name from the Association's Mailing List.

The Hemophilia Association of San Diego County is a 501 (c)(3) charitable organization. Donations to HASDC are tax deductible to the extent allowable by the IRS.

Donations should be sent to: Hemophilia Association of San Diego County, 3550 Camino Del Rio North, Suite 105, San Diego, CA 92108

Or fax this form with credit card donations to: HASDC @ (619) 325-4350.

THE FIRST AND ONLY FACTOR VIII WITH A PROLONGED HALF-LIFE

 Learn how a prolonged half-life
may affect your infusion schedule

Meet your CoRe Manager Marilyn August
E: Marilyn.August@biogenidec.com T: 925-864-0547

**This information is not intended to replace discussions
with your healthcare provider.**

Indications

ELOCTATE [Antihemophilic Factor (Recombinant), Fc Fusion Protein] is a recombinant DNA derived, antihemophilic factor indicated in adults and children with Hemophilia A (congenital Factor VIII deficiency) for: control and prevention of bleeding episodes, perioperative management (surgical prophylaxis), and routine prophylaxis to prevent or reduce the frequency of bleeding episodes. ELOCTATE is not indicated for the treatment of von Willebrand disease.

Important Safety Information

Do not use ELOCTATE if you have had an allergic reaction to it in the past.

Tell your healthcare provider if you have or have had any medical problems, take any medicines, including prescription and non-prescription medicines, supplements, or herbal medicines, have any allergies, are breastfeeding, are pregnant or planning to become pregnant, or have been told you have inhibitors (antibodies) to Factor VIII.

Allergic reactions may occur with ELOCTATE. Call your healthcare provider or get emergency treatment right away if you have any of the following symptoms: difficulty breathing, chest tightness, swelling of the face, rash, or hives.

Your body can also make antibodies called, "inhibitors," against ELOCTATE, which may stop ELOCTATE from working properly.

Common side effects of ELOCTATE are joint pain and general discomfort. These are not all the possible side effects of ELOCTATE. Talk to your healthcare provider right away about any side effect that bothers you or that does not go away, and if bleeding is not controlled after using ELOCTATE.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

Please see Brief Summary of full Prescribing Information on the next page.

FDA-Approved Patient Labeling

Patient Information

ELOCTATE™ /el' ok' tate/

[Antihemophilic Factor (Recombinant), Fc Fusion Protein]

Please read this Patient Information carefully before using ELOCTATE and each time you get a refill, as there may be new information.

This Patient Information does not take the place of talking with your healthcare provider about your medical condition or your treatment.

What is ELOCTATE?

ELOCTATE is an injectable medicine that is used to help control and prevent bleeding in people with Hemophilia A (congenital Factor VIII deficiency).

Your healthcare provider may give you ELOCTATE when you have surgery.

Who should not use ELOCTATE?

You should not use ELOCTATE if you had an allergic reaction to it in the past.

What should I tell my healthcare provider before using ELOCTATE?

Talk to your healthcare provider about:

- Any medical problems that you have or had.
- All prescription and non-prescription medicines that you take, including over-the-counter medicines, supplements or herbal medicines.
- Pregnancy or if you are planning to become pregnant. It is not known if ELOCTATE may harm your unborn baby.
- Breastfeeding. It is not known if ELOCTATE passes into the milk and if it can harm your baby.

How should I use ELOCTATE?

You get ELOCTATE as an infusion into your vein. Your healthcare provider will instruct you on how to do infusions on your own, and may watch you give yourself the first dose of ELOCTATE.

Contact your healthcare provider right away if bleeding is not controlled after using ELOCTATE.

What are the possible side effects of ELOCTATE?

Common side effects of ELOCTATE are joint pain and general discomfort.

Allergic reactions may occur. Call your healthcare provider or emergency department right away if you have any of the following symptoms: difficulty breathing, chest tightness, swelling of the face, rash or hives.

Your body can also make antibodies called, "inhibitors," against ELOCTATE, which may stop ELOCTATE from working properly. Your healthcare provider may give you blood tests to check for inhibitors.

How should I store ELOCTATE?

- Keep ELOCTATE in its original package.
- Protect it from light.
- Do not freeze.
- Store refrigerated (2°C to 8°C or 36°F to 46°F) or at room temperature [not to exceed 30°C (86°F)], for up to six months.
- When storing at room temperature:
 - Note on the carton the date on which the product is removed from refrigeration.
 - Use the product before the end of this 6 month period or discard it.
 - Do not return the product to the refrigerator.

Do not use ELOCTATE after the expiration date printed on the vial or, if you removed it from the refrigerator, after the date that was noted on the carton, whichever is earlier.

After reconstitution (mixing with the diluent):

- Do not use ELOCTATE if the reconstituted solution is not clear to slightly opalescent and colorless.
- Use reconstituted product as soon as possible
- You may store reconstituted solution at room temperature, not to exceed 30°C (86°F), for up to three hours. Protect the reconstituted product from direct sunlight. Discard any product not used within three hours.

What else should I know about ELOCTATE?

Medicines are sometimes prescribed for purposes other than those listed here. Do not use ELOCTATE for a condition for which it was not prescribed. Do not share ELOCTATE with other people, even if they have the same symptoms that you have.

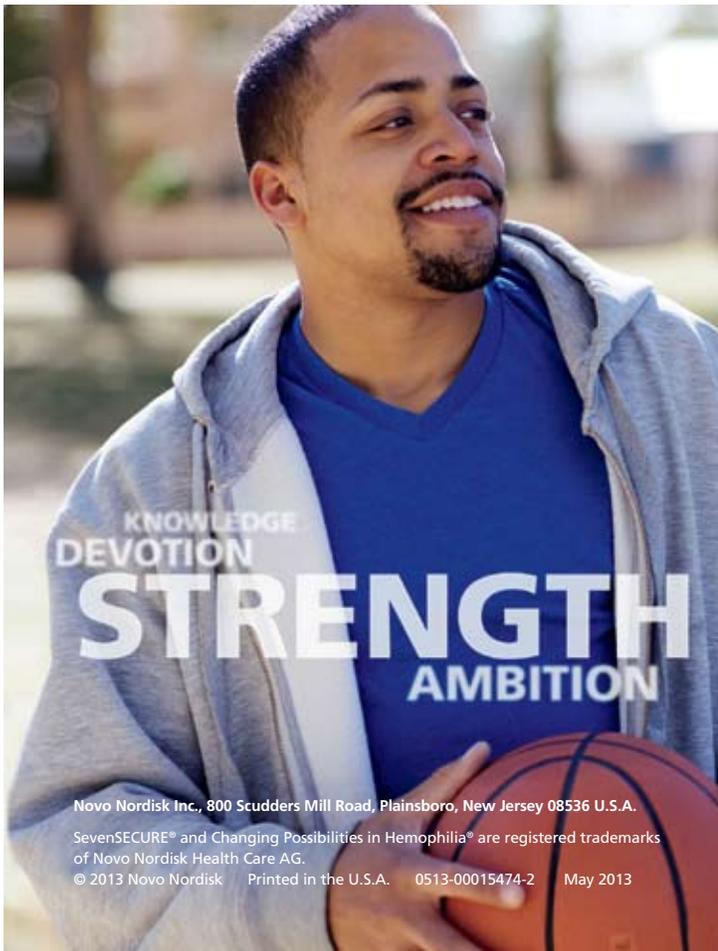
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Issued June 2014





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support that may help you change the possibilities in hemophilia

When you or your child has a bleeding disorder, the costs can add up quickly. SevenSECURE® is a valuable tool that may help you with health insurance, educational grants and scholarships, health and fitness memberships, and reimbursement assistance for medical and dental expenses. And it's now available online, so support is always a click away.



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changing possibilities
in hemophilia®



CHRIS FENNICKS
Chris tiene hemofilia A con inhibidores

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asistencia que puede ayudarlo a cambiar las posibilidades de la hemofilia

Cuando usted o su hijo tiene un trastorno hemorrágico, los costos pueden aumentar rápidamente. SevenSECURE® es un recurso valioso que puede ayudarlo con el seguro de salud, subvenciones y becas educativas, membresías en gimnasios y para el cuidado de la salud, y asistencia para el reembolso de gastos médicos y dentales. Y ahora se encuentra disponible en línea, por lo que la ayuda está siempre a un clic de distancia.



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HASDC 2015 CALENDAR OF EVENTS

Subject to change. Advance registration is required for all events. Please contact HASDC office for event details.

March	Hemophilia Awareness Month	March
March	Rush Studio Charity Spin Class (new event)	March 7 (tentative) Rush Studio, San Diego
March	Family Education Day	March 21 San Diego Zoo Safari Park, San Diego
May	Charity Golf Tournament	May 5 The Crosby, San Diego
May	Industry Symposium & Padre Game (new event)	May 30 Location TBD
June	Camp Pascucci Staff Training Day	June 14 Camp Whittle, Big Bear
June	Camp Pascucci	June 15-20 Camp Whittle, Big Bear
July	Teen Leadership Camp (new location)	July 17-20 Yosemite National Park
July	Family Picnic	August 1 Location TBD
September	Hispanic Heritage Event (Spanish only)	September 19 Location TBD
October	San Diego Hemophilia Walk	October 10 Liberty Station, San Diego
November	Brewery Tour Benefit (new event)	November 14 (tentative) San Diego
November	Annual Toy Drive	November
December	Holiday Celebration	December 13 Handlery Hotel, Mission Valley

Bleeding Disorder Events Throughout the US -

- Arizona Hemophilia Association NOW (National Outreach vonWillebrand) Conference: Feb 20-22, Phoenix AZ
- NHF Washington Days: Feb 25-27, Washington DC
- Hemophilia Foundation of America Symposium: Mar 26-28, St. Louis MO
- NHF Inhibitor Family Camp: Apr (tentative), The Painted Turtle, Lancaster CA
- Hemophilia Council of California Future Leaders Program: May 11-13, Sacramento CA
- Hemophilia Council of California Legislative Day, May 13, Sacramento CA
- California Coastal Ride for Hemophilia: Jul 25 - Aug 1, CA
- National Hemophilia Foundation Annual Meeting: Aug 13-15, Dallas TX